

Breneil Malcolm

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Education

Ph.D., Learning, Design, & Technology, Women's, Gender, & Sexuality Studies 8/2023-Present
Penn State University (PSU)
State College, PA

M.Ed., Higher Education, Leadership (*Distinguished Graduate*) 8/2020-12/2021
American College of Education (ACE)
Indianapolis, IN
Thesis: The Self & Authentic Leadership: A Framework from a Self Psychology Perspective

BSc., Psychology (*summa cum laude*) 1/2014-12/2017
St. George's University (SGU)
St. George, GD
Senior Project: Sexual Orientation & Attitudes of the Public

Research Experience

Research Affiliate 6/2023-Present
University of Michigan, Ann Arbor, MI
Stigmatized Sexualities research lab, under Terri Conley, PhD

Research Assistant 8/2018-12/2019
SGU, St. George, GD
Differentiating normal from pathological aging in Grenada, under Arlette Wildman, MA, Karen Blackmon, PhD, and Keshav Mandalaneni, MD.

Research Assistant 5/2016-8/2016
SGU, St. George, GD
A community-based conscious discipline program to reduce corporal punishment in the Caribbean, under Windward Islands Research and Education Foundation (WINDREF).

Publications

Research Projects (in progress)

Herry, A., Greer, D., & **Malcolm, B.** Navigating the binaries: Experiences from a Caribbean transgender and gender nonconforming group. *Submitted.*

Herry, A., Smith, P., Wildman, A., & **Malcolm, B.** COVID-19, stress, and religious coping in Grenada.

Malcolm, B., & Walker, D. Character strengths and posttraumatic growth in a Caribbean fitness and wellness community.

Malcolm, B., & Walker, D. Religion, moral anger, and forgiveness: An exploration of Caribbean perspectives.

Book Chapters (in progress)

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Malcolm, B., & Herry, A. Closing the gap: Mental health support for transgender and nonbinary language learners.

Published

Malcolm, B. (2022). Being authentic. *Kappa Delta Pi Record*, 58(4), 192.
<https://doi.org/10.1080/00228958.2022.2110827>

Walker, D., & **Malcolm, B.** (2022). Learning strategists' use of LASSI at St. George's University. *LASSI-in-Action*. https://www.hhpublishing.com/ap/_assessments/LASSI-in-Action-Articles/LASSI-In-Action-Winter-2022.pdf

Walker, D., & **Malcolm, B.** (2022). Synthesis of literature on effective educator practices in the online setting: Perspectives from a Caribbean higher education context through university pedagogy. *Journal of Research Initiatives*, 6(3), 1-29.
<https://digitalcommons.uncfsu.edu/jri/vol6/iss3/10>

Malcolm, B. (2021). From awareness to action: A culturally relevant framework for greater representation of the LGBTQ+ community. *American College of Education Diversity and Inclusion Newsletter: Winter 2021: From Awareness to Action*. <https://www.smores.com/23gv1>

Posters and Presentations

Malcolm, B., Walker, D., & Malcolm, B. Critical multiculturalism for diversity, equity, and inclusion: Intersectionality in language and technology. Poster and presentation at: Peralta Online Equity Conference; April 26-28, 2023; Oakland, CA.

Malcolm, B., & Walker, D. Diversity, equity, and inclusion: Infusing positive psychology with learning theory. Table-talk at: Medical Education Learning Specialists (MELS) Annual Meeting; November 11, 2022; Nashville, TN.

Malcolm, B., & Walker, D. Using lessons from the pandemic to promote equity in medical education. Poster and presentation at: Peralta Online Equity Conference; April 27-29, 2022; Oakland, CA.

Peer Reviews

Inclusive education practices during the COVID-19 pandemic from the eyes of Turkish EFL student teachers: A qualitative research. In K. Becerra-Murillo & J. Gamez (Eds.), *Promoting diversity, equity, and inclusion in language learning environments*. January 8, 2023.

Media psychology approaches in digitalization and human communication. In K. Becerra-Murillo & J. Gamez (Eds.), *Promoting diversity, equity, and inclusion in language learning environments*. January 8, 2023.

Teaching and Facilitation

Graduate Courses

SCSK576: Positive Psychology for Student Success	10/2022-8/2023
EDUC819: Leadership Theory and Practice	6/2022
PSYC807: Psychopathology	1/2021-5/2021

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Undergraduate Courses

PCLN301: Learning Strategies for the Preprofessional Programs	10/2022-12/2022
PSCY302: Abnormal Psychology	1/2017-5/2018
MATH120: College Math	8/2015-12/2016
MATH001: Foundation Math	8/2014-12/2016
ENGL212: College Reading	1/2016-12/2016
ENGL211: College Writing	1/2016-12/2016

Work Experience

Graduate Assistant, Paul Robeson Cultural Center (PRCC) 8/2023-Present
Penn State, State College, PA

- Lead research initiatives of the center
- Implement constructive alignment to assist in setting strategic goals
- Collaborate with other minority organizations to streamline programming

Parttime Reviewer, DES 8/2023-Present
SGU, St. George, GD

Specialized English Language Programs (SELP) Unit

- Provide intensive electronic feedback on professional written documents
- Apply APA and AMA writing styles to feedbacking
- Collaborate with program administrator to meet prompt turnaround

Content Writer, Blogger, ACE 12/2021-Present
Indianapolis, IN

- Develop pitches for approval and write blog posts based on academic discipline
- Focus on non-traditional topics that explore psychosocial phenomena through a framework that combines personal and professional experiences
- Apply principles of academic writing and AP formatting to blog-style writing
- Maintain communication with blogger coordinator to meet deadlines
- Site: <https://www.ace.edu/blog/blogger/breneil-malcolm>

Instructor, DES 1/2022-7/2023
SGU, St. George, GD

Learning Strategies Unit

Learning Strategist

- Met with first-year medical students to provide support to enhance academic performance
- Assessed students' current learning strategies and recommend new strategies based on individual strengths and challenges
- Conducted workshop presentations on a range of developmental topics including test-taking strategies, managing test anxiety, and reflective growth
- Designed course on combining positive psychology and learning theory to increase student performance outcomes

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- Managed logistics of Individual Growth and Development Program (IGDP) for a team of 17 strategists through Microsoft Teams platform
- Participated in the Learning Strategist's IGDP to strengthen personal strategist approaches and competencies
- Mentored a cohort of 10 students as part of the Academic Enhancement Program (AEP)
- Collaborated with the Psychological Services Center (PSC) to tailor strategies and approaches specifically for students suffering with ADHD
- Assisted with coordination of workshop administration for second-year medical students

Founder | Coach, B.Authen.Fit
St. George, GD

11/2019-7/2023

- Provided comprehensive health and wellness support for a diverse client base using a scientific approach
- Constructed fitness programs, including flexible diet and workout plans, based on clients' health and fitness history, current fitness levels, and goals
- Led one-on-one exercise sessions ensuring clients' correct form, prescribed range of motion, and appropriate intensity levels
- Monitored online platform (MyFitnessPal) for clients' daily recording of food and exercise to ensure compliance and observe trends in eating habits
- Scheduled monthly follow-up consultations to discuss clients' questions and concerns, progress, practicality of program, and make program-level revisions, if necessary
- Managed all administration and correspondences throughout the onboarding process of new clients and ongoing training processes
- Site: <https://www.bauthenfit.com>

Demonstrator, DES
SGU, St. George, GD

8/2018-1/2022

Professional Communication Program (PCP), SELP
Program Administrator

- Edited and provided intensive electronic feedback on professional writing, specifically CVs and personal statements completed as part of the residency application process
- Managed the administrative aspects of the document review process, including maintaining the document database, assigning documents to reviewers, second-reviewing all reviewers' feedback, and writing monthly, termly, and yearly reports
- Collaborated with the Office of Career Guidance and Student Development to develop resources to assist medical students and faculty applying for residency
- Met with students and faculty to assist with professional writing
- Prepared and delivered workshops and presentations on brand building and CV writing
- Tutored students to improve spoken and written language and communication skills as part of the Medical Academic Communication (MAC) program
- Created PCP handbook to improve program's structure and facilitate new hires' training

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Academic Support Administration and Innovation Unit
Peer Learning Group (PLG) Monitor Coordinator

9/2019-7/2021

- Supervised PLG monitors, who provide technical and logistical support for PLGs, including recruiting, serving as main point-of-contact, and building monthly schedules
- Organized onboarding and training for new monitors
- Collaborated with other faculty to plan professional development training for monitors, focused on diversity and preparing for the world of work

Observations Coordinator

- Coordinated the PLG observation process, including planning each term and collaborating with other internal units to provide trainings for observers
- Observed PLG facilitators to provide constructive feedback on areas of strengths, areas for improvement, and suggestions for development
- Completed bi-annual reports to measure targets and inform process revisions and strategic planning for upcoming cycles

Student Ambassador
SGU, St. George, GD

8/2014-8/2018

- Participated in various promotional and orienting activities hosted by the Admissions Office, Dean of Students Office, Office of Communications, and Alumni Relations Office
- Worked closely with the orientation coordinator to prepare for orientation periods, and oversaw day-to-day activities of the various orientation sub-teams
- Assisted with training employees for various sub-teams
- Served on all orientation sub-teams, including Meet & Greet, Help Desk, Tour Guide, Event Management, and Office Assistant

Peer Tutor, Center for Academic Excellence
SGU, St. George, GD

8/2017-5/2018

- Collaborated with coordinator to plan and manage services offered by the center through research and meetings
- Tutored over 15 students with academic writing and reading-related issues, on a one-on-one basis, to enhance academic performance
- Conducted PowerPoint presentations to and workshops with over 100 students on various English language topics to develop students' reading, writing, and presentation skills

Leadership and Service

Facilitator, Center for Gender and Sexual Diversity
Penn State, State College, PA

8/2023-Present

- Facilitate conversations around intersectional identities through Color Me Queer
- Explore various dimensions of identity, including race, gender, orientation, and life experiences

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- Apply critical theories as the framework for discussions

Group Fitness Instructor, Recreation, Fitness, and Wellbeing 8/2023-Present
Penn State, State College, PA

- Complete intensive 8-week training program as part of norming
- Observe instruction in various classes and audition for feedback
- Instruct attendees in lower body strength training and conditioning

Fitness Instructor, Fitness and Wellness Center 1/2020-7/2023
SGU, St. George, GD

- Led weekly, 4-month Butt Builder classes of 10-50 attendees with the goals of increasing gluteal strength and mass, facilitating fat loss, and enhancing endurance
- Applied specific training techniques including high intensity interval training (HIIT) and compound and isolation exercises during workouts
- Ran additional classes at local community gym
- Led warmup sessions for biannual 5k Breast Cancer Run with over 100 participants in collaboration with the Women in Medicine student organization
- Prepared online training guide video; edited and finalized video for upload using video editing software, VideoPad

Public Relations Chair 3/2022-3/2023
ACE Kappa Delta Pi (KDP), Indianapolis, IN

- Reconstructed the organizational structure to emphasize a combination of parent bodies' (ACE and KDP's) values to create a systematic framework that is constructively aligned
- Collaborated with the president and other members of the executive to revise and revamp the organization's public footprint
- Used a constructive alignment approach to ensure activities represent the core values of the organization
- Implemented programming and activities based on a strategic approach that emphasize diversity, equity, and inclusion

Mentor, Mentor-Mentee Program 11/2021-12/2022
ACE KDP, Indianapolis, IN

- Coached mentee, a middle-school educator with over 17 years' teaching experience, on developing professional branding and profile
- Applied coaching principles to set strategic goals and objectives in collaboration with mentee
- Developed criteria for measuring progress and timelines for achieving objectives
- Met monthly for updates and to refine strategy if necessary

Educator 6/2019-3/2020
GrenChap, St. George, GD

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- Participated in informational and interactive workshops on HIV and best safe-sex practices, specifically related to the LGBTQ+ population

Department Head Representative, Student Government Association (SGA) 8/2017-5/2018
SGU, St. George, GD

- Met with and gathered academic and non-academic concerns of undergraduate students within the Humanities and Social Sciences Department
- Organized meetings with department chair to discuss students' issues, concerns, and solutions to these
- Reported, from meetings with the department chair, to SGA's council as well as the students within the Humanities and Social Sciences Department

Peer Mentor, PSC 4/2017-5/2018
SGU, St. George, GD

- Supported peers and students during crises through one-on-one talk sessions to alleviate distress and maintained confidentiality
- Referred students to PSC for professional assessment and treatment when deemed necessary
- Participated in various PSC events as well as the Facebook page to increase PSC's and peer mentors' presence on campus

President, Humanities & Social Sciences Student Association (HS³A) 8/2016-5/2017
SGU, St. George, GD

- Implemented a new electoral slating process to increase the strength of incoming executive boards and persons' match between qualifications and duties of specific roles
- Collaborated with faculty advisors and other executive members to revise the organization's constitution
- Designated meetings for conflict resolution amongst executive members to ensure efficient leadership
- Served as treasurer and secretary prior to president role

Professional Development

Certificate Programs

Foundations of Positive Psychology Specialization 5/2022-7/2022
University of Pennsylvania via Coursera
Philadelphia, PA

Diversity in Teaching and Learning 1/2020-8/2020
Department of Educational Services (DES), SGU
St. George, Grenada

Research in Teaching and Learning 8/2019-5/2020

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DES, SGU
St. George, Grenada

Scholarly Foundations in Teaching and Learning 8/2019-5/2020
DES, SGU
St. George, Grenada

Professional Affiliations

Society for Personality and Social Psychology 1/2023-Present
International Positive Psychology Association 6/2022-Present
Kappa Delta Pi 3/2021-Present
Grenadian Psychological Association 5/2019-Present

Honors and Awards

Diversity and Inclusion General Scholarship, ACE 2021
Excellent Facilitator, DES, SGU 2018
Chair's Award, Humanities and Social Sciences Department, SGU 2018
Grenadian Partnership Award, SGU 2014-2018
Grenadian Scholarship Award, Government of Grenada 2017
Dean's List, SGU 2014-2017